

# Homeless in Newcastle?

<b>DAY</b>	<b>WHAT'S AVAILABLE - free of charge</b>
<b>Monday</b>	<p><b>Ron Eager House (Westgate Road)</b> 8am to 12 noon. Breakfast provided until 9.30am, hot meal provided at approximately 11.00am.</p> <p><b>People's Kitchen (Trafalgar Street)</b> From 8pm – 9pm soup, sandwiches, cake</p>
<b>Tuesday</b>	<p><b>Ron Eager House</b> 8am to 12 noon. Breakfast provided until 9.30am, hot meal provided at approximately 11.00am.</p> <p><b>People's Kitchen (Alison Centre)</b> From 6.30pm – 8.45pm hot meals, soup, sandwiches.</p>
<b>Wednesday</b>	<p><b>Ron Eager House</b> 8am to 12 noon. Breakfast provided until 9.30am, hot meal provided at approximately 11.00am.</p> <p><b>People's Kitchen (Alison Centre)</b> From 6.30pm – 8.45pm hot meals, soup, sandwiches</p>
<b>Thursday</b>	<p><b>Ron Eager House</b> Opens at 7am to 12 noon – bacon sandwiches served to 12 noon.</p> <p><b>People's Kitchen (Alison Centre)</b> From 1pm – 4.30pm hot meals, soup, sandwiches.</p> <p><b>People's Kitchen (Trafalgar Street)</b> From 8pm – 9pm soup, sandwiches, cake</p>
<b>Friday</b>	<p><b>Ron Eager House</b> 8am to 12 noon. Breakfast provided until 9.30am, hot meal provided at approximately 11.00am.</p> <p><b>People's Kitchen (Alison Centre)</b> From 6.30pm – 8.45pm hot meals, soup, sandwiches</p>
<b>Sunday</b>	<p><b>People's Kitchen - Breakfast</b> Old Eldon Square 9am to 10.00am, Westgate Road Cemetery 10.15 am to 11.00 am</p> <p><b>Trading Places @ Ron Eager House (fortnightly)</b> 10am to 12.30pm Offers hot meal, an opportunity to shower / wash your clothes</p>

In addition showers and washing machine facilities are available at Ron Eager House until noon, Monday to Friday.

# Healthcare

## **Joseph Cowen Healthcare Centre – Wifred Street, Byker**

Healthcare centre open 9am—4pm Monday to Friday

Arrive before 11.30am to see GP, Nurse available when open for general health advice.

CPN are available by arrangement.

Needle exchange available at Joseph Cowen 9am—4pm Monday to Friday. Advice and support, assessment and referrals available

Womens Group, Wednesdays 1.30pm—3.30pm

## **Lifeline Harm Reduction Service - 43 Clayton Street**

Harm reduction service open 10am to 6pm (Mon to Fri). The service includes drug and alcohol advice, support and information, assessment and referrals, needle exchange, blood testing, pregnancy testing and general health advice. The team includes a nurse.

# Contact Details

**Ron Eager House, Tel. 0191 232 5699**

214 Westgate Road, Newcastle upon Tyne, NE4 6AN

**Joseph Cowen Health Centre, Tel. 0191 228 4929**

8 Wilfred Street, Byker, Newcastle upon Tyne, NE6 1SQ

**People's Kitchen, Tel. 0191 222 0699**

Alison Centre, 56 Bath Lane, Newcastle upon Tyne, NE4 5SQ

**Lifeline, Tel. 0191 261 4719**

43 Clayton Street, Newcastle upon Tyne, NE1 5PN

**If you have nowhere to go tonight seek help as soon as possible either from one of the agencies listed above or contact the Housing Advice Centre (HAC)**

**HAC (open 10am to 12pm and 1pm to 4pm except Weds when open from 1pm to 4pm)**

**112-114 Pilgrim Street**

**Newcastle – u-Tyne**

**NE1 6SQ**

**Tel: 0191 277 1711**

**Email: [housingadvicecentre@newcastle.gov.uk](mailto:housingadvicecentre@newcastle.gov.uk)**

The services in this leaflet are not provided by Newcastle City Council. We've tried to make sure they are right, but can't accept responsibility for mistakes or missing information. We also can't take responsibility for any loss or damage to your belongings if you use any of these services.